
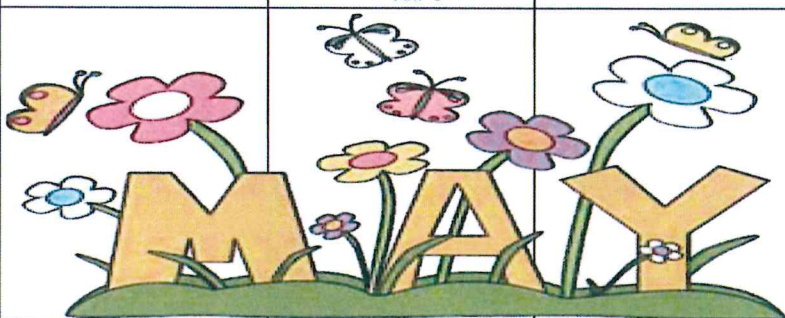


May 2022 Phone Number 973-569-4099

PASSAIC COUNTY DIVISION OF NUTRITION SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u> Juice Cheeseburger Sweet Potato Fries Italian Blend Hamburger Roll Vanilla Pudding	<u>3</u> Juice Stuffed Shells Meatballs Green Beans Dinner Roll Oatmeal Cookies	<u>4</u> Juice Baked Chicken Thigh Buttered Rice Peas & Carrots Rye Bread Jell-O	<u>5</u> Juice Meatloaf Roasted Potatoes Broccoli & Cauliflower Dinner roll Fruit Cocktail	<u>6</u> Juice Egg Salad Sandwich Macaroni Salad Black Bean & Corn Salad Rye Bread Muffin Happy Mothers Day
<u>9</u> Juice Fried Chicken Mashed Potatoes Broccoli Wheat Bread Chocolate chip cookie	<u>10</u> Juice Stuffed Cabbage Buttered White Rice Carrots Rye Bread Sliced Apples	<u>11</u> Juice Chicken Marsala Mashed Potatoes Green Beans Dinner Roll Vanilla Pudding	<u>12</u> Juice Turkey w/Gravy Stuffing Peas & Carrots Wheat Bread Diced Pears	<u>13</u> Juice Tuna Salad Sandwich Potato salad Beet salad wheat bread National Apple Pie Day!!
<u>16</u> Juice Salisbury Steak Mashed Potato vegetable Rye Bread Fresh Orange	<u>17</u> Juice Hawaiian Ham Steak Yams Green Beans Wheat Bread Apple Sauce	<u>18</u> Juice Chicken Parm Pasta Italian Mixed Vegetables Dinner Roll pound cake	<u>19</u> Juice Roast Beef & Cheese Sandwich Cole Slaw Carrots & Broccoli Salad Wheat Bread (2)	<u>20</u> Juice Potato Crusted Fish Roasted Potatoes Spinach Bun Vanilla Pudding
<u>23</u> Juice Meatball Hero Buttered noodles Italian Blend Hoagie Diced pears	<u>24</u> Juice Chicken Marsala Mashed Potato Green Beans Wheat Bread Corn Muffin	<u>25</u> Juice Chicken Salad California Pasta Salad Beet Salad Wheat Bread Fruit Cocktail	<u>26</u> Juice Pork Loin Rice Pilaf Mixed Vegetables Rye Bread Apple Sauce Jell-O	<u>27</u> Juice Vegetable Lasagna Spinach Carrots Italian Bread Cinnamon Cookie
<u>30</u>  HAPPY MEMORIAL DAY	<u>31</u> Juice Turkey & Swiss Sandwich Macaroni Salad Beet Salad Rye Bread Diced Peaches			

Portion Sizes:

- * Meat or Alternative - 3 oz. Cooked
- * Vegetables and Fruits - 1/2 cup serving each
- * 1/2 pt. Milk
- * All menus provide 1/3 of the Daily Recommended Allowance

Prepared by: Anwaar Gaber, Program Nutritionist
All menus are subject to change